

February 2018

Swimmer of the month

Annabel Blainey



I joined BASC five years ago when I was 9 years old. Now at 14, I complete 14 hours of training per week, attending most morning sessions. I also attend two gym sessions per week as land training.

Through my time so far within the club, I've had many highlights, most recently achieving 3 medals at this year's County Championships including my first County Gold, along with lots of new PB's!!

Although I've already reached one of this year's goals, I will continue to train hard so that I can achieve my best performance to date at this year's West Midlands Regional Champs in May.