



I have been a member of BASC for the last three years. I currently train for 12.5 hours per week. I have been to Counties for the last three years and achieved Gold medals each year for the 50, 100 & 200M Backstroke. I have achieved Regional times over the last two years and it was great experience going to Coventry at Regional level. I would like to make it through to the Regional Finals next year and then go on to achieve National times. My highlights have been being Top Girl for my age group at North Midlands Gala 2017 and being Top Girl at The Biddulph Open 2018. I would like to thank especially Peter also Darren, Sophie and Andrew for all their coaching and support none of this would have been possible without them! I would also like to thank my club members for all their support.