



I joined BASC in October 2016 when I was 11 years old after swimming with Pete and Julie's swim club since the age of 4.

I attend as many training sessions as I can, completing 11 hours in the pool and 1 hour land training session per week. Since joining Biddulph I have met some lovely people and made some good friends.

During my time at Biddulph I have progressed massively which would have not been possible without the great coaches at BASC.

My aims for the following year are to achieve county qualifying times then hopefully in the future regional times and progress from there.